IMR References

Select a topic from the list below to view references.

- Research Supporting IMR
- Education Increases Knowledge about Mental Illness
- Behavioral Tailoring Improves Taking Medication as Prescribed
- Prevention Training Reduces Relapses and Rehospitalizations
- Teaching Coping Skills Reduces Severity of Symptoms
- Bipolar Disorder
- Cognitive-Behavioral Techniques for Psychotic Disorders
- Depression
- Family Interventions
- First Person Account of Illness Management
- Motivational Interviewing
- Recovery Research
- Schizophrenia
- Social Skills Training
- Stigma
- Substance Abuse and the Stages-of-Change Model
- Working Collaboratively With People Who Do Not Believe That They Have a Psychiatric Disorder